

**Table 1** Water permeabilities of cells and membranes from plants and animals

Species	Tissue	System <sup>a</sup>	Permeability (10 <sup>-4</sup> cm • s <sup>-1</sup> ) <sup>b</sup>	Method	Reference
Materials and measurement techniques					
<i>Chara corallina</i>	Internode	Cell	P <sub>f</sub> : 260 ± 72 P <sub>f</sub> : 243 ± 15	Pressure probe Transcellular osmosis	34 121
<i>Elodea nuttallii</i>	Leaf	Cell	P <sub>d</sub> >300	<sup>1</sup> H-NMR	110
<i>Elodea densa</i>	Leaf lower epidermis	Cell	P <sub>f</sub> : 19.0 ± 3.1 (P<4 bar) P <sub>f</sub> : 7.5 ± 2.7 (P>4 bar)	Pressure probe	109
<i>Pisum sativum</i>	Epicotyl epidermis	Cell	P <sub>f</sub> : 3–30	Pressure probe	13
	Epicotyl cortex	Cell	P <sub>f</sub> : 50–1200	Pressure probe	13
Cell, plasma membrane and endomembranes					
<i>Chara australis</i>	Internode	Cell	P <sub>f</sub> : 97 ± 17	Transcellular osmosis	58
		PM	P <sub>f</sub> : 94 ± 13	Transcellular osmosis	
<i>Allium cepa</i>	Bulb inner epidermis	Cell Vacuole	P <sub>f</sub> : 6–8 P <sub>f</sub> : 40–540	Deplasmolysis Deplasmolysis	113
<i>Nicotiana tabacum</i>	Cell suspension	PM ves. TP ves.	P <sub>f</sub> : 6.2 ± 0.4 P <sub>f</sub> : 659 ± 83	Stopped-flow Stopped-flow	<sup>c</sup>
Apple	Fruit parenchyma	Vacuole	P <sub>d</sub> : 24.4	<sup>1</sup> H-NMR	100
<i>Liriodendron tulipifera</i>	Leaf	Chloroplast envelope	P <sub>d</sub> : 9 ± 2	<sup>1</sup> H-NMR	77
Animal cell membranes					
Hog	Stomach	PM ves.	P <sub>f</sub> : 2.8 ± 0.3	Stopped-flow	116
Toad	Bladder	Apical membrane ves.	P <sub>f</sub> : 3.9 ± 0.4	Stopped-flow	116
			P <sub>f</sub> : 450	Stopped-flow	
			(– vasopressin)		
			(+ vasopressin)		
Human	Erythrocyte	PM ves.	P <sub>f</sub> : 230 ± 30	Stopped-flow	71
P <sub>f</sub> /P <sub>d</sub> of plant membranes					
<i>Valonia ventricosa</i>	—	Cell	P <sub>f</sub> : 2.4 ± 0.3 P <sub>d</sub> : 2.4 ± 0.2	Transcellular osmosis Tracer flow	28
<i>Chara corallina</i>	Internode	Cell	P <sub>f</sub> : 260 ± 72 P <sub>d</sub> : 7.7 ± 3	Pressure probe Pressure probe	34

<sup>a</sup>PM, Plasma membrane; TP, tonoplast; ves., vesicles.

<sup>b</sup>P<sub>d</sub>: Diffusional water permeability coefficient; P<sub>f</sub>: osmotic water permeability coefficient. When not provided by the authors, P<sub>f</sub> values were derived, for comparison with other P<sub>f</sub> values, from the indicated L<sub>p</sub> values according to Equation 3, with T = 293 K. P<sub>f</sub> and P<sub>d</sub> values are indicated ± SD.

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