

Summary of weights of skeleton for reference adult male

	Mass (g)	Water (%)	Ash (%)	Fat (%)	Protein (%)
Skeleton	10,000	33	28	19	19
Bone	5,000	17	54	1	25
Cortical	4,000	15	55	1	25
Trabecular	1,000	23	50	1	24
Red marrow	1,500	40	0.6	40	20
Yellow marrow	1,500	15	0.2	80	4
Skeletal cartilage†	1,100	78	4.1	1.3	16
Periarticular tissue†	900	78	4.1	1.3	16