2. Nitrogen flow	
flow ammonification (production of NH <sub>4</sub> * from organic nitrogen, the end stage of decomposition)	magnitude [10 <sup>12</sup> kg(N)/yr] 5
assimilation (conversion of NH <sub>4</sub> <sup>+</sup> and NO <sub>3</sub> <sup>-</sup> to protein by vegetation and microbes; very roughly, one half of the nitrogen is assimilated as NH <sub>4</sub> <sup>+</sup> and one half as NO <sub>3</sub> <sup>-</sup> , which was nitrified from NH <sub>4</sub> <sup>+</sup> )	5
natural background flow of NH $_3$ and NO $_x$	0.5
from soil and water to the atmosphere	0.5
precipitation of NH <sub>4</sub> and NO <sub>x</sub> to Earth's surface in rain and snow	0.1
denitrification (conversion of soil and water NO <sub>3</sub> to atmospheric N <sub>2</sub> or N <sub>2</sub> O, whose production rates are very roughly equal)	0.1
biological nitrogen fixation (about two thirds by continental organisms, one third by marine) including legumes	0.2
global industrial nitrogen fixation in 2000 [Contributions from fossil fuel combustion was about one third of total; the remainder is mostly fertilizer production.]	0.12
river flow of fixed nitrogen to sea	0.01
fixation of atmospheric N <sub>2</sub> by lightning production of stratospheric NO from N <sub>2</sub> O	0.01 0.001