

Table 5. Emptying times of stomach after various foods (after WILSON, quoted by BEST and TAYLOR⁽⁸⁾)

	Beginning of the evacuation from the stomach (min)	Per cent which has already left the stomach		
		1½ hr	3 hr	4½ hr
Carbohydrates				
Thick porridge	4	75	95	
Bread 40 g:dates 100 g	3	60	95	
Proteins				
Egg white, raw	3	75	85	
Codfish, boiled	20	30	85	85
Lean meat, baked	7	40	80	90
Fats				
Cream 32%	1	25	40	70
Bacon and egg yolk	12	10	30	95
Olive oil	1	25	50	60