

**TABLE 4.3**  
**ELEMENTARY COMPOSITION OF CARBOHYDRATES**

Carbohydrate	Weight Percentage		
	C	H	O
Glucose ( $C_6H_{12}O_6$ )	40	7	53
Lactose ( $C_{12}H_{22}O_{11}$ )	42	6	52
Glycogen ( $C_6H_{10}O_5$ ) <sub>x</sub>	44	6	50