

intermediate precursor	requirement [$\mu\text{mol g}_{\text{CDW}}^{-1}$]	biomass efflux [$\text{mmol g}_{\text{CDW}}^{-1} \text{h}^{-1}$]
G6P	205	0.041 ± 0.006
F6P	71	0.014 ± 0.002
GAP	129	0.026 ± 0.004
R5P	879	0.174 ± 0.025
E4P	268	0.053 ± 0.008
PEP	534	0.106 ± 0.015
PGP	1293	0.256 ± 0.037
PYR	2687	0.532 ± 0.076
ACCOA	2940	0.582 ± 0.083
OAA	1710	0.339 ± 0.048
AKG	1252	0.248 ± 0.035