

Table 15-4
Daily Water Balance

<i>Water Input</i>		<i>Water Output</i>	
<i>Avenue</i>	<i>Quantity (ml/day)</i>	<i>Avenue</i>	<i>Quantity (ml/day)</i>
Fluid intake	1,250	Insensible loss (from lungs and nonsweating skin)	900
H ₂ O in food intake	1,000	Sweat	100
Metabolically produced H ₂ O	350	Feces	100
		Urine	1,500
Total input	2,600	Total Output	2,600