

Table 1.9.16: Composition of the Chicken Egg

From STARCK 1975

	Yolk 32 %	Albumen 57 %	Shell 1 %	Total
Water	50 %	86 %	-	65 %
Proteins	16 %	13 %	-	13 %
Fats	32 %	-	-	10 %
Calcium	-	-	94 %	} 11 %
Keratin of the shell	-	-	4 %	
Additional substances	2 %	1 %	2 %	1 %