Table V. Use Rates of Metabolites during Steady State Photosynthesis The use rate of selected metabolites in the Calvin cycle is estimated for a CO₂ fixation rate of 136 μ mol·mg⁻¹ Chl·h⁻¹

Metabolite	No. of Molecules Metabolized per CO ₂ Fixed	Estimated Use Rate
		$nmol \cdot mg^{-1} Chl \cdot s^{-1}$
ATP	3	114
RubP	1	38
PGA	2	75
Pi^a	1/3	12.5
Glc6Pa	1/6	5

^a Turnover estimated for sucrose synthesis in cytosol, if 80% of photosynthate is converted to sucrose.