

### Statistical Analysis

The total number of stem cell divisions in the lifetime of a tissue was calculated as follows. Let  $s$  be the total number of stem cells found in a fully developed tissue, with  $s$  a power of 2, for simplicity, and no cell death. Starting from the first precursor cell of that tissue, it takes  $x$  generations during development to generate all of these cells, where  $2^x = s$ . Once the tissue has been fully developed, each of these  $s$  cells undergoes a total of  $d$  further divisions, due to normal tissue turnover, in the lifetime of that tissue. These turnover divisions are assumed to be asymmetric, but note that a balance between apoptosis and symmetric self-renewal would yield the same average number of cell divisions for a tissue in homeostasis. Thus, the cumulative number of division events, each yielding a new stem cell, among all stem cells in a lifetime ( $lscd$ , for lifetime stem cells divisions), is

$$lscd = \sum_{n=1}^{\log_2 s} 2^n + s \cdot d.$$

In general,  $s$  is not a power of 2, and the use of the floor function to approximate  $\log_2 s$  may not be appropriate. Noting that the partial sum of the geometric series is equal to  $2s-2$ , we obtain our formula for  $lscd$  for a general  $s$ :

$$lscd = s(2 + d) - 2.$$

The estimates for  $s$  and  $d$  are provided in Table 1. For each cancer type,  $lscd = s(2 + d) - 2$  was plotted against the lifetime incidence of that specific cancer type in Fig. 1 of the main text.