Table 2

Phosphorus quotas (mol P cell⁻¹) of *Thalassiosira pseudonana* as measured on individual cells with SXRF and on bulk samples by colorimetry and radioisotopes.

The quotas are means (\pm SD) of 48 cells for SXRF and three filters for the colorimetric analyses. The range of quotas measured by Sunda & Huntsman (1995) were calculated from C measured over a range of Fe concentrations assuming the Redfield ratio of 106:1 C:P. The range of quotas measured by Thompson *et al.* (1992) was calculated from measurements of cellular C and N using the Redfield ratio of 106 C:16 N:1 P.

SXRF	$3.8 \times 10^{-15} \pm 1.4 \times 10^{-15}$
Spectrophotometric	$3.0 \times 10^{-15} \pm 7.0 \times 10^{-17}$
Sunda & Huntsman (1995)	2.8×10^{-15} – 6.1×10^{-15}
Thompson et al. (1992)	$6.2 \times 10^{-15} - 7.8 \times 10^{-15}$