Force, tension, pressure units, seen in the context of membranes (and apples):

- 1 Newton is an enormous force, $\sim 10^{11-12}$ -fold greater than needed to pull a membrane tether
 - 1 N \sim = 100 g (... \sim 1 apple in Earth's gravity)
- 1 Newton/meter is a large *tension* that would easily rupture a membrane
- $1 \text{ N/m} = 10^3 \text{ dyne/cm} (... \sim 1 \text{ apple dangling from a meterwide banner})$
- 1 Newton/square meter is an unmeasureably small pressure if applied via a micropipette
- $1~N/m^2=1~Pa=\sim\!\!0.0001~mmHg~(\dots\sim\!\!1$ apple per coffee table)

Membrane tensions*

- 0.12 mN/m—resting tension, plant protoplast membrane (see Kell & Glaser, 1993)
- 0.003 mN/m—resting tension growth cones of chick neurons (Hochmuth et al., 1996)
- 0.04, 0.12, 0.02 mN/m—tensions in normal, swollen and reshrunken molluscan neurons (Dai et al., 1998)
- ~1 mN/m—activation of mechanosensitive channels (see Sachs & Morris, 1998)
- 3–4 1 mN/m—lytic tension of large lecithin bilayer vesicles (Kwok & Evans, 1981)
- 4 mN/m—lytic tension for plant protoplast (see Kell & Glaser, 1993)
- 5–8 mN/m—lytic tension for mast cells inflated under whole cell clamp (Solsona et al., 1998)
- 12 mN/m—lytic tension skeletal muscle membrane (Nichol & Hutter, 1996)
 - *NB—"in-plane" tension (not interfacial surface tension, though the units are the same).
- The spring constant (elasticity or stiffness) of Hooke's Law, like tension, has the units of N/m.
- Forces** (for references, see Dai et al., 1998; Sachs & Morris, 1998)
- 3 pN . . . force generated by myosin molecule
- 7 pN . . . force to pull membrane tether from a neuron
- 10–20 pN . . . calculated force for activation of a "typical" MS channel
- 20 pN . . . actin-gelsolin bond
- 50 pN . . . force to pull erythrocyte membrane tethers
- 30,000 pN . . . carbon-carbon bond
 - **Sometimes, forces are loosely referred to as "tensions" (the magnitude of a force exerted, say, via a string) but a "tension" that counteracts a force is a force.
- Pressure Conversions (see also, Table 1 in Sachs & Morris, 1998)
- $1 \text{ N/m}^2 = 1 \text{ Pa}, 1 \text{ kPa} = 7.5 \text{ mmHg}, 100 \text{ mmHg} = 13.3 \text{ kPa} = 133 \text{ mbar}, 1 \text{ bar} = 100 \text{ kPa}$
- $1 \text{ mmHg} = 1.36 \text{ cm H}_2\text{O}, 760 \text{ mmHg} = 1 \text{ atmosphere} = 101.3 \text{ kPa}$
- 1 mosmol = 18 mmHg
- Laplace's Law: governs the tension of a ideal thin-walled sphere: Tension = Pressure × radius of curvature × 1/2
- Thus, the more curved a membrane, the less tension experienced for a given transmembrane pressure. (e.g., in an osmotically swelling cell, microvillar bilayer feels less tension than adjacent flat membrane)