

**Table 1.** Intracellular concentrations, without and with complex formation, of ions making significant contributions to ionic strength in red cells

Species	Concentration (mm) <sup>a</sup>		Contribution to ionic strength (M) <sup>b</sup>	
	Complex formation?		Complex formation?	
	No	Yes	No	Yes
K <sup>+c</sup>	155	155	0.078	0.078
Na <sup>+d</sup>	20.9	20.9	0.011	0.011
Hb <sup>2+e</sup>	4.75	1.94	0.010	0.004
Mg <sup>2+f</sup>	3.70	0.48	0.007	0.001
Cl <sup>-g</sup>	78	78	0.039	0.039
HCO <sub>3</sub> <sup>-h</sup>	13.5	13.5	0.007	0.007
BPG <sup>4-i</sup>	9.80	5.35	0.078	0.043
Lactate <sup>-j</sup>	3.81	3.81	0.002	0.002
Hb.BPG <sup>2-k</sup>	—	2.74	—	0.006
GSH <sup>-l</sup>	2.69	2.69	0.001	0.001
Mg.ATP <sup>2-m</sup>	—	1.50	—	0.003
Hb.ATP <sup>2-n</sup>	—	0.07	—	<0.001
ATP <sup>4-o</sup>	1.70	0.13	0.014	0.001
ADP <sup>3-p</sup>	0.50	0.50	0.002	0.002
GTP <sup>4-q</sup>	0.23	0.23	0.002	0.002
Total			0.251	0.200

<sup>a</sup>Millimolar (mmol/litre). <sup>b</sup>Molar (mol/litre). <sup>c</sup>Potassium ion, human, Long (1961). <sup>d</sup>Sodium ion, human, Long (1961). <sup>e</sup>Haemoglobin ion, rabbit, Magnani et al. (1984). <sup>f</sup>Magnesium ion, rabbit, Magnani et al. (1984). <sup>g</sup>Chloride ion, human, Nikinmaa (1990). <sup>h</sup>Bicarbonate, human, Nikinmaa (1990). <sup>i</sup>Bisphosphoglycerate, rabbit, Magnani et al. (1984). <sup>j</sup>Lactate, rabbit, Magnani et al. (1984). <sup>k</sup>Haemoglobin-bisphosphoglycerate complex, rabbit, Magnani et al. (1984). <sup>l</sup>Glutathione (reduced), rabbit, Magnani et al. (1984). <sup>m</sup>Magnesium-adenosine triphosphate complex, rabbit, Magnani et al. (1984). <sup>n</sup>Haemoglobin-adenosine triphosphate complex, rabbit, Magnani et al. (1984). <sup>o</sup>Adenosine triphosphate, rabbit, Magnani et al. (1984). <sup>p</sup>Adenosine diphosphate, rabbit, Magnani et al. (1984). <sup>q</sup>Guanosine triphosphate, rabbit, Magnani et al. (1984).