4. Energy content of selected substances

substance	energy content (106 J/kg)*
natural gas	$3.9 \times 10^7 \text{ J/m}^3 \text{ (STP)}$
gasoline	48
petroleum (crude)	43
	$(6.1 \times 10^9 \text{ J/bbl})$
typical animal fat	38
coal	29.3
charcoal	29
paper	20
dry biomass	16
air-dried wood or dung	15
crop wastes (20% moisture)	13
bread	12
milk	3.0
beer	1.8

^{*}Except where noted