Organ	Rest ml/min
Brain	650 (13%)
Heart	215 (4%)
Skeletal muscle	1030 (20%)
Skin	430 (9%)
Kidney	
Abdominal organs	1200 (24%)
Other	525 (10%)
Total	5000 (100%)

## FIGURE 14-9

Distribution of systemic blood flow to the various organs and tissues of the body at rest.

Adapted from Chapman and Mitchell.