

**Table 2.** Characteristic sizes of linear and rotary molecular motors. (Abb, abbreviation;  $m$ , motor mass (in kDa),  $m_{\text{pg}} = \alpha m_{\text{kDa}}$ , with  $\alpha = 10^{15}/N_A \text{ pg kDa}^{-1}$ ,  $N_A$ , Avogadro's number;  $V$ , motor volume (in nm $^3$ ),  $V = \alpha m_{\text{kDa}}/\rho$ , with  $\rho = 10^{-9} \text{ pg nm}^{-3}$ ;  $A$ , motor cross-section (in nm $^2$ ),  $A = V^{2/3}/L$ , lever arm (in nm).)

type	motor	Abb	$m$ (kDa)	$V$ (nm $^3$ )	$A$ (nm $^2$ )	$L$ (nm)	reference
linear	RNA polymerase	RN	590	980	99	—	Mooney and Landick [20]
	dynein (motor part)	DA/DC	331	550	67	—	Reck-Peterson <i>et al.</i> [21], Carter <i>et al.</i> [22]
	kinesin	KI	120	199	34	—	Block [23]
	myosin	MY	130	216	36	—	Rayment <i>et al.</i> [24], Rayment & Holden [25], Goldman [26], Billington <i>et al.</i> [27]
rotary	bacterial $F_0$ ATP synthase	FA	180	299	45	3.5	Yoshida <i>et al.</i> [28], Hoffmann <i>et al.</i> [29]
	bacterial $F_1$ ATP synthase	FA	380	631	74	4.5	Yoshida <i>et al.</i> [28], Hoffmann <i>et al.</i> [29]
	bacterial flagellum	FL	$10^4$	$1.67 \times 10^4$	650	20	Berg [9], Reid <i>et al.</i> [30], Minamino <i>et al.</i> [31]

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**Table 1.** List of abbreviations

<i>A</i>	cross-sectional area of motors
<i>F</i>	force exerted by motors
<i>V</i>	volume of molecular motors
Al	algae
Am	amphibian
Ar	arachnids
Ba	bacteria
Bi	birds
Cr	crustaceans
DA	axonemal dynein
DC	cytoplasmic dynein
Ec	echinoderms
<i>f</i>	specific tension of motors
FA	$F_0/F_1$ ATPase
Fl	muscular fibre
Fi	fishes
FL	flagellum
Fly	fly locomotors
Fu	fungi
In	insects
IQR	interquartile range
KI	kinesin
<i>m</i>	mass of molecular motors
<i>M</i>	mass of organisms
M1	single molecule
M2	molecular assembly
Ma	mammals
MF	myofibril
Mo	molluscs
MU	muscle <i>in vitro</i>
MV	muscle <i>in vivo</i>
MY	myosin
non-loc	non-locomotory
Pl	pili
Pr	protozoa
Re	reptiles
RN	RNA polymerase
SP	spasmoneme
Swim	swim locomotors
Terr	terrestrial locomotors