Table 2. Ascorbate concentration in plant water for cells of different osmolarity

Organism	Ascorbate concentration in cell water/mol m ⁻³	Approximate cell osmolarity/ osmol m ⁻³	References
Fruits of Terminalia ferdinandriana	180	500	Brand et al. (1983)
Leaves (traps) of Dionaea muscipula	60	500	Rea (1982)
Mean for leaves of 213 species of British wild plants	10	500	Jones & Hughes (1983)
Mean for seven species of green Swedish marine macroalgae	$2.49 \pm 0.19 \text{ (SEM)}^1$	≥1000	Lindström (1943)
Mean for 20 species of brown Swedish marine macroalgae	$2.78 \pm 0.36 (SEM)^1$	≥1000	Lindström (1943)
Mean for 20 species of red Swedish marine macroalgae	$1.46 \pm 0.34 (SEM)^1$	≥1000	Lindström (1943)
Euglena gracilis photolithotrophic	7.7^{2}	110	Shigeoka et al. (1980);
(wall-less flagellate chemoorganotrophic with contractile vacuoles)	0.412	110	Raven (1982)
Chlorella vulgaris (walled)	3.7^{2}	240 ³	Aaronson <i>et al.</i> (1977); Kirst (1977)
Scenedesmus obliquus (walled)	28 ²	155 ³	Aaronson <i>et al.</i> (1977); Kirst (1977)
Chlamydomonas reinhardtii (walled flagellate with contractile vacuoles)	3.72	80	Aaronson <i>et al.</i> (1977); Raven (1982)
Mean for eight species of cultured marine phytoplankton	28.5 ± 9.2^4	≥1000	Brown & Miller (1992)

¹Assumes that there are 4 m³ water per mg dry weight of cells for all except *Codium* for which 9 m³ is assumed.

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²Assumes that there are 3 m³ of water per mg dry weight.

³Assumes that intracellular osmolarity is equal to twice the K⁺ concentration in intracellular water multiplied by 0.85 as the activity (osmotic) coefficient.

⁴From data in paper on ascorbate per unit cell volume and per unit dry weight assuming density of 1 mg m⁻³.